The Journey Begins Today!
Welcome to one of the most incredible journeys your young men will ever participate in. As with any journey, there are steps along the way that guide and prepare you. The purpose of this kit is to lay out those steps of preparation. Take time to review these materials. They are a basic resource and not all inclusive. Follow the month-by-month outline and you will find that your experience on the trail will be much more enjoyable. The kit contains:

• Trek Prep Program
• Trek Checklist
• Trek Skill Sheets

For assistance and pictures to excite your boys, check out our website at www.camplollalumni.org.

"It’s the Journey that makes the memories."
GET ORGANIZED Shadow leadership

A High Adventure trip serves many purposes. Some of them are: building friendships that will last a lifetime by sharing a wonderful common experience, developing self-confidence by tackling and accomplishing a challenging task, learning about God by experiencing, first hand, the wonders of the world He has made, coming to appreciate the value of being an American by experiencing the wilderness which is every citizen’s birthright, finding a positive role model in the unit’s adult and youth leadership and in the Ranger provided by Camp Loll, testing the joy of service through leadership opportunities and providing support for area fellows. Camp Loll’s High Adventure programs seek to maximize these and a multitude of other choices to grow by providing a comprehensive six-month program for your unit, the line-in staff support, and the equipment and expertise necessary to improve the average Scout’s leadership potential.

Team and Crew Leadership and buddy system are essential elements in ensuring an experience that will change lives for the better. Upon registration, Camp Loll provides units with valuable support materials that will give the adult leaders of teams and crews programs ideas to provide a number of truly worthwhile training experiences. Simple suggestions will guide unit leadership. Team Captains and Crew Leaders will find ample opportunity to lead the young people who represent in meaningful experience both in the month leading up to the High Adventure and during the “Big Event.” Camp Loll staff will be in support of a mode, ensuring that an adult leaders will grow to fill their responsibilities, not only for a week in the wilderness but for years to come. The special bond present early on will last as each youth is given in chance to share responsibilities with a buddy from his unit. Buddy pairs will not only cook and do chores together, but will be given the opportunity to produce a synergy of friendship that can only be found in working together for a worthy cause. We ask you to consider having your youth unit leader buddy up with the staff Ranger in order to provide added support for his success.

February

- "Who is going on the trip?" (This is a non-sequitur.

- "Hold a meeting." Identify and appoint leaders who will be in charge of the line and leadership in a part of the unit’s preparation. Set March 1st to date for a hard start on the leaders and youth.

- Organize your youth leadership. It is best if you will be the same leaders at the time of the trip. They will be required to fill in, but they must understand the expectations of you in this event.

- "Hold a Parents’ Open House." The trip plans should be presented by the crew leaders/instructors to parents and concerns can then be asked and support for the various schedules of activities.

- Organize an fitness program this should prepare the crew for the hiking long distances and the steep climbs.

- "Distribute a checklist to each boy (skill sheet 1)." Encourage them to earn their own money for this trip. Identify and prioritize the boys who are not going to be permitted over the next several months.

- "Backpack check out." Discuss the different types of hiking boots and socks. Take the boys to try them on. Time will be spent with qualified sales people that can assist you (ski, etc). Discuss how to care and treat them. Everyone should have the boots they are going to wear at the trip by the end of this month.

- "Layout (skill sheet 1)." Be prepared for cold, but not severe weather conditions.

March

- "Final count is on the boys in camp. A survey of significant financial commitment must be expected of the young boys. Usually the boy helps decide about his commitment. Be sure he understands his commitment.

- Physical/Financial

- "Build a tent." A tripod is the way to cut time for putting up tents and beds. "Plan your first Trek Prep backpack trip. All the kids will have a change of this. Set a date in April and stick with it in May! If you have it! Focus on the kids ofpublic and special needs, including with a guiding partner, and hiking down the葱ons. Camp Loll will be training all college.

- "Equipment/Financial. Organize your crew's tent and cooking buddy. Set this up for your first backpack trip. This will help the boys work together and rely on one another.

- "Medical Forms. Collect physicals for boy and leaders. "Trek Prep backpack trip 1." This will be the first of three trek prep backpack trips. The boys will have a chance to work out their equipment and experience another camping trip. The kids should understand their role and responsibilities of a person and the importance of keeping the cold away from your body. The ground isn't as hard when you're young.

- "Plan your 2nd Trek Prep backpack trip. Review the things that went right on the first trip and what didn’t. Make changes accordingly and move forward. Set a date in May and stick with it (if you don't change!)

- Environment

- "Status. Review the checklist again. Boys should have all of their gear and know how to use it. Each boy should have a guidebook (hiking backpacking and identification). They should understand how to care for their gear and what to make the most of their camping experience.

- "Sleeping bag and pads." Choose the right gear for the job. Time will be spent with the young people in their gear. Set up tents and check their condition quality of backpacking. Instruction, saving and ordering any additional items.

April

- "Deplanation. Finalize your transportation to Camp Loll. Plan it for your youth parents.

- Physical/Financial

- "Set a date in April and stick with it in May! If you have it! Focus on the kids of public and special needs, including with a guiding partner, and hiking down the葱ons. Camp Loll will be training all college.

- "Review Check List. See how the boys are coming along on the getting closer to their team. You may want to buy some things in advance.

- "Teach the boys about the different types of backpacks. Most stores have experienced sales people who can assist you (ski, etc). Discuss how to care and treat them. Everyone should have the boots they are going to wear at the trip by the end of this month.

- "Sleeping bag and pads." Choose the right gear for the job. Time will be spent with the young people in their gear. Set up tents and check their condition quality of backpacking. Instruction, saving and ordering any additional items.

May

- "Money is due. Final payment to the Scout Council is due.

- "Review the status of your preparations with your Crew/Unit Council.

- Physical/Financial

- "Set a date in April and stick with it in May! If you have it! Focus on the kids of public and special needs, including with a guiding partner, and hiking down the葱ons. Camp Loll will be training all college.

- "Plan your 3rd Trek Prep backpack trip. Review the things that went right on the first trip and what didn’t. Make changes accordingly and move forward. Set a date in May and stick with it (if you don't change!)

- Environment

- "Status. Review the checklist again. Boys should have all of their gear and know how to use it. Each boy should have a guidebook (hiking backpacking and identification). They should understand how to care for their gear and what to make the most of their camping experience.

- "Sleeping bag and pads." Choose the right gear for the job. Time will be spent with the young people in their gear. Set up tents and check their condition quality of backpacking. Instruction, saving and ordering any additional items.

June

- "Plan a few backpack hikes 3." The boys should be able to use all of their gear and how to use their backpacks. The boys should be able to find all of their gear and use it. They should understand their role and responsibilities. They should understand the importance of keeping the cold away from your body. The ground isn't as hard when you're young.

- "Face is essential for any camping activity. Camp Loll will provide quality food that is the best of the crew/team will become united. Each crew/team is to have a group leader. The boys should be able to plan and participate in the Kodiak leadership training course. Each crew/team involved in their camping experiences and knowledge will come along with the youth. All High Adventure are in boys country. "It's the Journey that makes the memories."
TREK DESCRIPTION  Tetons Crest

**Monday**  Units arrive at Camp Loll on Monday afternoon. They will be met by their Ranger Guide and, under the direction of Camp Loll’s High Adventure Director, helped to their camp to set up for the night. All participants will have a warm check-in at Lake of the Woods. Monday provides an opportunity for units to be trained in important backcountry ethics and safety. Preparation for the adventure ahead will be supported by the Rangers and High Adventure Staff. Supper on Monday night will be a practice meal (with some tasty supplements) for the trek meals to come. Training in equipment use and meal preparation will make Monday dinner an enjoyable learning experience. After dinner, Adventurers will prepare for the next morning’s departure. Monday night the Camp Loll Staff will provide an inspirational Flag ceremony and a Campfire Program overlooking Lake of the Woods. Then to bed.

**Trek Day**  Teton Crest groups will be accompanied by their guide and a Loll Staffer to the trailhead in Grand Teton National Park. Groups will have an early breakfast and head out by 7:00 a.m. so they can be on the trail early to reach their first night’s camp spot with plenty of time to explore the Tetons from their base camp.

**Wednesday and Thursday**  are full days of hiking and adventure in the Tetons. Activities include meal preparation, hiking, swimming, nature study, reflection, and endless opportunities for participants to get to know each other and themselves in challenging and rewarding experiences. Every step brings new vistas of beauty, new opportunities to learn, and a shared experience that will forge lifelong friendships. The wonders of America and the glory of God will be constantly on display. The opportunity to serve others and build one’s own physical, mental, and moral character will be everywhere.

**Friday**  will bring the group back down Cascade Canyon. You will think that the best was truly saved for the last. Adventurers will arrive at Jenny Lake. Those who choose can take the ferry across the beautiful lake, or groups can hike along its shores. Either way, they will arrive at the trailhead at lunchtime, where a meal will be waiting for them. After lunch, it’s back to Camp Loll for a hot shower, full use of camp program facilities, and a great meal, flag ceremony, and campfire program.

**Saturday**  brings the adventure to a close. After breakfast, groups will pack up and head home, their lives forever richer for the wonders they shared and the challenges they met on a Camp Loll High Adventure.

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**EQUIPMENT**  Weight, Volume, and Distribution

Become familiar with your gear. Each person will need to leave room in her pack for shared gear provided by Camp Loll. Shared gear for cooking buddies includes a bear vault for food, backpack stove, fuel, pot, and a No Trace trash bag. Shared gear for the group includes first aid kit and water pump. Watch the weather:

You can get a weather forecast by going to [www.nws.noaa.gov](http://www.nws.noaa.gov) and clicking several times on the map to zoom in on the area you want. Watch for the elevation reading at the bottom of the map. This information will help you determine the weather conditions this week of your camp and at the elevation you’ll be at. The checklist you received is a guide. If it is cold and raining adjust your layering.

**Rental equipment**

You can rent packs, sleeping bags, tents, etc. from some retail stores like REI in Salt Lake City. Also most universities have Recreation Centers where the community can rent equipment.

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If you need help with your preparations or just have questions, contact:

**Camp Loll Director**  Delos Conner (801) 544-3376

**High-Adventure Committee Chairman**  Kim Bott (801) 497-9426