The Journey Begins Today!

Yellowstone

BECHLER
Welcome to one of the most incredible journeys your young men will ever participate in. As with any journey, there are steps along the way that guide and prepare you. The purpose of this kit is to lay out those steps of preparation. Take time to review these materials. They are a basic resource and not all inclusive. Follow the monthly outline and you will find that your experience on the trail will be much more enjoyable. The kit contains:

- Trek Prep Program
- Trek Chat List
- Work, Skill, Street

For assistance and pictures to excite your boys, check out our website at www.campphilalumni.org

“Life is the Journey that makes the memories.”

Yellowstone
BECHLER
GET ORGANIZED Shadow leadership

A High Adventure trek serves many purposes. Some of them are: building friendships that will last a lifetime by sharing a wonderful common experience, developing self-confidence by tackling and accomplishing a challenging task, learning about God by experiencing, first hand, the wonders of the natural world. His message, coming to appreciate the privilege of having an American by experiencing the wilderness which is every citizen’s birthright, finding a positive role model in the unit’s adult and youth leadership and in the Ranger provided by Camp Loll; fostering the joy of service through leadership opportunities and through providing care for others. Camp Loll/High Adventure programs seek to maximize these and a multitude of other changes to growth by providing a comprehensive six-month program for your unit, the in-field support, and the equipment and expertise necessary to ensure a successful trek.

Team and Crew Leadership and buddy system are essential elements in ensuring an experience which will leave no one the better for the effort. Upon registration, Camp Loll provides units with valuable support materials that will give the adult leaders of teams and crews program ideas to provide a number of truly memorable mentoring experiences. Simple suggestions will guide unit leadership. Team Captains and Crew Leaders will find ample opportunity to lead the young people who represent in meaningful experiences both in the month leading up to the High Adventure and during the “Big Event.” Camp Loll staff will function in a support mode, ensuring that a unit’s own leaders will grow to fill their responsibilities, not only for a week in the wilderness but for years to come. A special supportive presence will allow each youth is given in chance to share responsibilities with a buddy from his unit. Buddy pairs will not only cook and clean together, but will be given the opportunity to produce a synergy of friendship that can only be found in working together for a worthy cause. We ask you to consider having your unit youth leader buddy up with the staff Ranger in order to provide added support for his success.

February

• Who is going on the Trek? (This is not a last minute “hold a boy” question) Initially and contact those boys who will be of age by the end of this year and invite them to be a part of the junior preparations. Select March to give the date for a final count for leaders and youth.
• Organize your youth leadership. It is best if they will be the same leaders as at the time of the trek. A Chapel will be required on this trek, let these young men take ownership of this event.
• Hold a Parents’ Open House. The trek plans should be presented by the crew leaders to parents and caregivers to gain their needed support for the white schedule of activities.
• Organize a fitness program. This should prepare the crew for hiking long distances and up steep climbs.
• Distribute a checklist to each boy (full list #1). Encourage them to earn their own money for this trip. Identify and prioritize the items they will need to purchase over the next several months.

March

• The final count is in. These boys are on the trek. A portal yet significant financial commitment may be expected of the young unit leaders. Discuss the budget, fully understand their commitment.
• Transportation. Finalize your transportation to and from Camp Loll. Pick up is on your own pre-trip plane.
• Skills for Crew Leaders, “Build your team’s inner trust and building purposes.” Set this trip as your first backpack trip. This will help the boys to work together and why you are another family.
• Medical Forms. Collect physicals on boys and leaders.
• Trek backpack trip #1. This will be the first of two trek backpack trips. Your crew may not have all their equipment yet but this is fine. This will be your warm-up day to get them ready for the trek. Equipment.
• Equipment. Everyone should have their packs for the trek. See that they know how to adjust them. Include the four different types of backpacks. Each crew will have experienced special people who are considered your expert in the different pack types. Try them on and see what they are like. Even if the boys already have one, they may like something new.
• Backdrops. Add #1. Types and sizes for the trek, #2500 incl. a good pad. Leave them to look for your best weight distribution.
• Skills #3 (full list #2). It is best to use lightweight backpacking tools for this. Take an inventory of what your group has. Set frame and back out their condition and quality. Look for tension, seeing what any add-on tools they.

April

• Transportation. Finalize your transportation to and from Camp Loll. Pick up is on your own pre-trip plane.
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May

• Money is due. Final payment to the Scout Council is due.
• Review the status of your preparations with crew/ unit leadership. “It’s a choice to do it; it’s a choice to do it and how the backpack treks are working out. Identify any concerns and make modifications if necessary. It’s easier to fix the things now than on the trail.
• Trek backpack trip #2. This will be the second trek backpack trip. Your crew should be getting familiar with their equipment. They should be able to pack, un-pack, and re-pack their own gear and set up a camp site. They should select the sites for their own backpacking. All equipment should be returned in a hobo spirit.
• Trek and 3rd Trek back-up backpack trip. Review the things that went right on the second trip and what didn’t. Make corrections on and learn from. Set in date in June and stick with it (unless dust or illness)
• Equipment.
• Skills #5. It should be used. The second time the boys will be required on the trek. Let these young men take ownership of this event. Ranger Guides should be bringing in a hobo spirit.
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• Skills #5. “Build your team’s inner trust and building purposes.” Set this trip as your final backpack trip. This will help the boys to work together and why you are another family.
• Transportation. Finalize your transportation to and from Camp Loll. Pick up is on your own pre-trip plane.
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• Equipment. Everyone should have their packs for the trek. See that they know how to adjust them. Include the four different types of backpacks. Each crew will have experienced special people who are considered your expert in the different pack types. Try them on and see what they are like. Even if the boys already have one, they may like something new.
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• Transportation. Finalize your transportation to and from Camp Loll. Pick up is on your own pre-trip plane.
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July

• Skills #5. “Build your team’s inner trust and building purposes.” Set this trip as your final backpack trip. This will help the boys to work together and why you are another family.
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If you are going on an outdoor trip, you should always be prepared to be flexible. You may have to change plans if the weather changes or if you are running late. It is important to be able to adjust on the fly and make quick decisions that will keep everyone safe and happy.
TREK DESCRIPTION  

Bechler

Monday  Units arrive at Camp Loll on Monday afternoon. They will be met by their Ranger Guide and, under the direction of Camp Loll’s High Adventure Director, helped to their camp to set up for the night. All participants will have a sworn check in Lake of the Woods. Monday provides an opportunity for units to be trained in important backcountry ethics and safety. Preparation for the adventure ahead will be supported by the Rangers and High Adventure Staff. Supper on Monday night will be a practice meal (with some tasty supplements) for the trek meals to come. Training in equipment use and meal preparation will make Monday dinner an enjoyable learning experience. After dinner, Adventures will prepare for the next morning’s departure. Monday night the Camp Loll Staff will provide an inspirational Flag ceremony and a Campfire Program overlooking Lake of the Woods. Then to bed.

Tuesday  Bechler Canyon Groups will be accompanied by their guide and a Loll Staffer to the trail head at Bechler Ranger Station. Groups will have an early breakfast and head out by 7:00 a.m. so they can be on the trail early to reach their first nights camp spot with plenty of time to explore the Yellowstone wilderness from their base camp.

Wednesday and Thursday  are full days of hiking and adventure in Yellowstone. Activities include meal preparation, hiking, swimming, nature study, reflection, and endless opportunities for participants to get to know each other and themselves in challenging and rewarding experiences. Every step will bring new vistas of beauty, new opportunities to learn, and a shared experience that will forge lifelong friendships. The wonders of America and the glory of God will be constantly on display. The opportunities to serve others and build one’s own physical, mental, and moral character will be everywhere.

Friday  will bring the group back down Bechler Canyon. You will think that the best was truly saved for the last. Adventures will arrive at the Ranger Station with memories that will be theirs forever. They will arrive at the trailhead at lunchtime, where a meal will be waiting for them. After lunch it’s back to Camp Loll for a hot shower, full use of camp program facilities, and another great meal at supper time prepared by our camp chef, a flag ceremony, and campfire program.

Saturday  brings the adventure to a close. After breakfast, up groups will pack up and head home, their lives forever richer for the wonders they shared and the challenge they met on a Camp Loll High Adventure.

EQUIPMENT  

Weight, Volume, and Distribution

Become familiar with your gear. Each person will need to leave room in his pack for shared gear provided by Camp Loll. Shared gear for cooking buddies includes a bear vault for food, backpack stove, fuel, pot, and a No Trace trash bag. Shared gear for the group includes first aid kit and water pump. Watch the weather. You can get a weather forecast by going to www.nws.noaa.gov and clicking several times on the map to zoom in on the area you want. Watch for the elevation reading at the bottom of the map. This information will help you determine the weather conditions the week of your camp and at the elevation you’ll be at. The checklist you received is a guide. If it is cold and raining, adjust your layering.

Rental equipment  

You can rent packs, sleeping bags, tents, etc., from some retail stores like REI in Salt Lake City. Also most universities have Recreation Centers where the community can rent equipment.

CAMP LOLL  

HIGH ADVENTURE

If you need help with your preparations or just have questions, contact:

Camp Loll Director
Delose Conner (801) 544-3376

High Adventure Committee Chairman
Kim Bott (801) 497-9426